

ELEVATE YOUR ENERGY

TEA BOMBS

(REGULAR OR MEGA)

SINGLE ITEM

SHAKE - \$7
MEGA SHAKE - \$9
WAFFLE - \$8.50
OATEIN BOWL - \$8
ACAI BOWL - \$9
TEA BOMB* - \$5
HOUSE TEA - \$4
*MEGA SIZE YOUR TEA - \$1
NON-CAFFINATED
DRINKS - \$5

BOOSTERS

B12 SHOT - \$3
IMMUNITY SHOT - \$3
COLLAGEN SHOT - \$3
FAT BUSTER SHOT - \$5
PROBIOTIC - \$2
FIBER - \$1
EXTRA PROTEIN - \$1

COMBOS

SHAKE COMBO - \$11
SHAKE + TEABOMB

OATEIN COMBO - \$12
OATEIN BOWL + TEABOMB

ACAI COMBO - \$13
ACAI BOWL + TEABOMB

WAFFLE COMBO - \$12.50
WAFFLE + TEABOMB

MEGA SIZE ADD \$1

PROTEIN COFFEE

-\$5

(HOT OR ICED)

WHITE CHOCOLATE
MOCHA
VANILLA
CARAMEL

***FAT BUSTER**

COFFEE

\$9

30. SUNNY DAY

ORANGE, PEACH, MANDARIN, PINEAPPLE, PINA COLADA

31. TROPICAL SUNRISE

POM, RASPBERRY, MANGO, PINA COLADA, STRAWBERRY

32. SWEET TART

ORANGE, RASPBERRY, CRANBERRY, BLUE RASPBERRY, CHERRY, STRAWBERRY

33. COOL BLUE CUCUMBER

LIME, NRG, MANDARIN, CUCUMBER LIME, BLUE RASPBERRY

34. JOLLY RANCHER (WATERMELON, GREEN APPLE, GRAPE, BLUE RASPBERRY, CHERRY)

POM, RASPBERRY, CRANBERRY, WATERMELON

35. ORANGE PINEAPPLE BLAST

ORANGE, PEACH, MANDARIN, LEMONADE, PINEAPPLE

36. POM BOMB

POM, RASPBERRY, CRANBERRY, CHERRY

37. SOUR PATCH KID

LIME, LEMON, CRANBERRY, BLUE RASPBERRY

38. HULK

LIME, LEMON TEA, MANGO ALOE, PINA COLADA, GREEN APPLE

39. GOOD VIBES

ORANGE, RASPBERRY, CRANBERRY, STRAWBERRY, PINA COLADA

40. CHERRY LIMEADE

LIME, LEMON, MANDARIN, CHERRY LIMEADE

41. SURFS UP!

POMEGRANATE, LEMON, CRANBERRY PINA COLADA, BLUE RASPBERRY

42. GRAPE COOLER

GRAPE, PINEAPPLE, RASPBERRY, MANGO, POMEGRANATE

43. HAWAIIAN SUNSET

PEACH, PINEAPPLE, CHERRY, PINA COLADA

44. BIG BREEZY

RASPBERRY, POMEGRANATE, WATERMELON, GREEN APPLE, CRANBERRY

45. STRAWBERRY LEMONADE

LEMON, TROPICAL, CRANBERRY, STRAWBERRY, LEMONADE

46. TANG

ORANGE, MANDARIN, LEMON

47. CHERRY BOMB

CHERRY, POMEGRANATE, RASPBERRY, CRANBERRY

48. SKITTLES

RAINBOW CANDY, POMEGRANATE, CHERRY, MANDARIN, ORANGE

49. PEACH RING

PEACH, MANGO, ORANGE, RAINBOW CANDY, PEACH RING CANDY

50. STRAWBERRY MOJITO

STRAWBERRY, POMEGRANATE, LIMEADE, MINT, RASPBERRY, LEMON, LIME

51. RAZZLE DAZZLE

RASPBERRY, BLUE RASPBERRY, POMEGRANATE, CRANBERRY, POP ROCKS

HOUSE SPECIAL TEA -(TEA + ALOE) MIX N' MATCH (PICK TEA AND ALOE)

TEA FLAVORS:

CHAI, LEMON, PEACH, RASPBERRY, NRG

ALOE FLAVORS:

MANGO, CRANBERRY, MANDARIN

NON CAFFINATED DRINKS

52. PINK STARBURST

COLLAGEN, CRANBERRY, STRAWBERRY, PINA COLADA

53. IMMUNE BOOST

ORANGE BEST DEFENSE, MANDARIN, PINA COLADA

54. TROPICAL REFRESHER

ORANGE H3O, MANGO, PINEAPPLE, PINA COLADA

ELEVATE YOUR NUTRITION

SHAKES, BOWLS AND WAFFLES

SHAKES

1. NUTTER BUTTER
2. BAHAMA MAMA
3. STRAWBERRY CHEESECAKE
4. BLUE MONKEY
5. ELVIS (PB & BANANA)
6. FRUITY PEBBLES
7. OREO
8. ORANGE JULIUS
9. VERY BERRY DAY
10. CHOCOLATE DIPPED STRAWBERRIES
11. BIRTHDAY CAKE
12. MINT CHOCOLATE
13. CARAMEL MACCHIATO
14. REESES CUP
15. SAMOA COOKIE
16. CINNAMON TOAST CRUNCH
17. BUTTERFINGER
18. PINEAPPLE WHIP
19. STRAWBERRY BANANA
20. CHUNKY MONKEY

OATEIN BOWLS

24. **CHOCOLATE PB BANANA**
OATS, PB2, TOPPED WITH CHOCOLATE CHIPS, ALMONDS AND BANANAS
25. **COOKIE BAR**
OATS, COCONUT AND LEMON TOPPED WITH COCONUT, ALMONDS AND CHOCOLATE CHIPS
26. **MONKEY BLUES**
OATS, TOPPED WITH BLUEBERRIES, ALMONDS, BANANAS AND CINNAMON
27. **VERY BERRY**
OATS, TOPPED WITH BERRIES, ALMONDS, COCONUT, BANANAS AND HONEY
28. **COOKIE DOUGH**
OATS TOPPED WITH BERRIES, ALMONDS, COCONUT, AND HONEY WITH A WHITE CHOCOLATEY FLAVOR
28. **APPLE PIE**
OATS, CINNAMON, TOPPED WITH GRANOLA, APPLES, ALMONDS OR WALNUTS AND CINNAMON
29. **TropiBOWL**
OATS, CINNAMON, TOPPED WITH GRANOLA, TROPICAL FRUIT, ALMONDS OR WALNUTS AND CINNAMON

ACAI BOWLS

21. **VERY BERRY ACAI BOWL**
STRAWBERRIES, BLUEBERRIES, PROTEIN, TOPPED WITH GRANOLA, BERRIES, COCONUT, ALMONDS, BANANAS AND HONEY
22. **CHOCOLATE PB ACAI BOWL**
CHOCOLATE PROTEIN, PB2, STRAWBERRIES, BLUEBERRIES, TOPPED WITH GRANOLA, BERRIES, CHOCOLATE CHIPS, COCONUT, BANANAS AND HONEY
23. **THE HULA DANCER**
VANILLA PROTEIN, ORANGE CREAM, PINA COLOADA TOPPED WITH COCONUT, GRANOLA, TROPICAL FRUIT

FIT WAFFLES

JUST A GOOD OL' WAFFLE TOPPED WITH ANYTHING AS SEEN BELOW!

*TOPPINGS:

STRAWBERRIES, BLUEBERRIES, WHIPPED CREAM
CHOCOLATE CHIPS, ALMONDS, HONEY, WALNUTS AND COCONUT.

SYRUPS:

CHCOLATE, CARAMEL, MAPLE OR STRAWBERRY.

*TOPPINGS ARE ONLY FOR BOWLS AND WAFFLES.